



SPIRITUAL CLEANSE

“It’s ok to quit sometimes”

Group or Individual Study guide

OPENING TO GOD [2 Minutes]

Greet everyone, and begin with 2 minutes of silence to allow the group to open themselves to the Holy Spirit.

HOOK: Engaging the Topic [15 Minutes]

**Feel free to “pass” if you would rather not answer a question.*

**Please be respectful of time and give everyone a chance to share.*

1. What is a soul and how is your soul doing?
2. What do you do to put Jesus first in your life?

BOOK: Engaging the Word [15 Minutes]

Read John 15:1-9

1. Read verse 3: what is the importance of pruning?
2. How does one become more fruitful?

LOOK: The effect of you [15 Minutes]

Your presence in your communities of faith has a profound impact on the way that the community operates. This means that your spirituality and presence matters.

1. What is your favorite element about church or faith community?
2. When do you feel you are at your best?
3. How does being at your best help others?

“TOOK” [10 Minutes]

1. Choose a plant or tree around your home.
2. Google the name of that plant or tree and learn how to trim it so that you help it become more fruitful.
3. Decide to prune or trim one thing in your life that is doing ok so that your life becomes more fruitful.

Go In Peace [5 Minutes]

Invite someone to close in prayer, thanking God and praying for our community and world as we head toward Easter.