



## **SPIRITUAL CLEANSE**

***“You become like the people you hangout with”***

**Group or Individual Study guide**

### **OPENING TO GOD [2 Minutes]**

Greet everyone, and begin with 1 minute of silence to allow the group to open themselves to the Holy Spirit.

### **HOOK: Engaging the Topic [15 Minutes]**

*\*Feel free to “pass” if you would rather not answer a question.*

*\*Please be respectful of time and give everyone a chance to share.*

1. Has the shelter in place affected your Lenten goals?
2. How has Faith UMC or another community of faith changed you?

### **BOOK: Engaging the Word [20 Minutes]**

#### **Read Acts 4:32-37**

1. The group is described as being of one heart and of one mind. What do you think this means?
2. Do you think that selling everyone’s property is an ideal to strive for or a product of the time that the people were in?
3. How does your community of faith show generosity?

### **LOOK: The effect of you[15 Minutes]**

Your presence in your communities of faith has a profound impact on the way that the community operates. This means that your spirituality and presence matters.

1. How can you personally grow in order to help enrich your faith community?
2. Don't be shy! How have you made a positive impact on your faith community?
3. Where have you benefited from your faith community?

### **"TOOK" [10 Minutes]**

God calls each of us into a community of faith- both so that we can grow and so that we can also be a source of growth within that community. Think about what your community of faith may need from you right now. If it's to grow, or to lead, or to get healthier, think about it. Share when you feel you're ready

### **Go In Peace [5 Minutes]**

Invite someone to close in prayer, thanking God and praying for our community and world as we head toward Easter.