Faith Bible Study Guide

For the Week of August 2, 2020

“Come All Who Are Weary”

Group or Individual Study guide

OPENING TO GOD [2 Minutes]

Greet everyone, and begin with 1 minute of silence to allow the group to open themselves to the Holy Spirit.

HOOK: Engaging the Topic [15 Minutes]

*Feel free to “pass” if you would rather not answer a question.

*Please be respectful of time and give everyone a chance to share.

1. What are your definitions of:

Tired:

Weary:

Burdened:

2. Can it also mean to be physically? mentally? emotionally? psychologically?

BOOK: Engaging the Word [20 Minutes]

Read Matthew 11:28-30

1. What does the scripture say to you?
2. What do you get out of this scripture?

3. What does God want us to learn when we are tired? (physically? mentally? emotionally? psychologically?)

Examine yourselves to see whether you are tired physically, mentally, emotionally, psychologically? How does the Word of God apply in your life?

**LOOK**: What are we called to do? [15 Minutes]

1. What does God’s word instruct us to do when we feel this way?
2. What are the steps God gives us to overcome it?
3. Name three things that you will put into practice to help you when you are tired/weary.

**“TOOK”**: [10 Minutes]

1. How are we to apply this to our daily lives?
   1. What can you and I do on our own to overcome being tired/weary/burdened?
   2. How can we help others when they are tired/weary?

**Go In Peace** [5 Minutes]

Invite someone to close in prayer, asking God to be with the people in such a time as this.